



Est. 1873

# Master Builders Association

New South Wales

## SUICIDE PREVENTION GATEKEEPERS TRAINING WORKSHOPS

### OVERVIEW

Members are advised that Master Builders NSW (MBA) will be facilitating a series of Suicide Prevention Gatekeepers Training Workshops for MBA members and their employees (including building trade apprentices).

safeTALK (a.k.a. Connector Training) is an evidence-based course delivered in partnership with Mates in Construction.

The Program is funded by the NSW Ministry of Health and delivered for **FREE**.

safeTALK is a half-day face to face course that trains participants to identify people at risk of suicide, engage with them and connect them to resources to help them.

### PROGRAM OBJECTIVES

Participants who enrol in the workshop will have:-

- Understanding of suicide and its impact on industries, communities and individuals;
- Insight into suicide data and how age, gender, culture, and other factors impact suicide risk;
- Understanding of the risk and protective factors and warning signs associated with suicide;
- Skills and confidence to recognise warning signs of suicide in a colleague, friend or family member;
- Understanding of the importance of involving adults when concerned about someone at risk;
- Knowledge of resources and comfort level for connecting others with help;
- Positive attitudes towards helping others; and
- Awareness of the benefits of treatment for mental health and substance abuse issues

Participants who have completed the evidence-based Program will be issued with a completion certificate, safeTALK hard hat sticker and Hi-Vis vest to easily identify them as Suicide Prevention Gatekeepers on building and construction worksites.

### WHO SHOULD ATTEND

- Builders and Sub-contractors;
- Supervisors;
- Project Managers;
- Safety Officers;
- Human Resource staff;
- Apprentice Mentors;
- Building Trade Apprentices (Stages Two, Three and Four)

### NEXT COURSE TO BE HELD

**MBA - 5 Burbank Place, Norwest, NSW 2153**

**Thursday, 08 December 2022**

### WORKSHOP COST

Free of Charge

### TIMES

**1.00 pm sharp to 5.00pm**

### CPD POINTS – 4

### REGISTRATION DETAILS

To register your attendance for this course, please complete the form on the second page and email it back to the MBA Industrial Relations Department using the details at the bottom of the form.

Please note that a confirmation email will be sent to participants on receipt of the registration form.

### COMPLETION CERTIFICATE

A Completion Certificate will be issued to participants at the conclusion of the workshop.

### FURTHER INFORMATION

Contact Omesh Jethwani, Government Projects & Programs Manager, on (02) 8586 3539 or [ojethwani@mbansw.asn.au](mailto:ojethwani@mbansw.asn.au)

# Workshop Registration Form



**Master  
Builders  
Association**  
New South Wales

## Company Details

<b>Company Name:</b>		<b>MBA Membership no.:</b>	
<b>Name:</b>			
<b>Address:</b>			
<b>Builder's Licence No:</b>		<b>Email:</b>	
<b>Telephone:</b>		<b>Mobile:</b>	

## Attendee's Registration Details (all details below must be completed)

No.	Attendee's Name	Builder's Licence No.	Mobile	Email
1				
2				
3				
4				
5				
6				

## Booking Conditions

If a participant is unable to attend, the Company may substitute with another participant, provided MBA is notified of such change no later than three (3) working days prior to the course commencement date.

Attendees will be required to check into MBA NSW via our QR code check in, and also show a current COVID-19 vaccination certificate. Mask wearing is required indoors at MBA NSW when in close proximity of other people. People who are unwell with cold/flu symptoms, or have not received both doses of an approved COVID-19 vaccine may not attend.

## Workshop Details

Course Name	Date	Time	Location
<b>Suicide Prevention Gatekeeper Training (safeTALK)</b>	<b>Thursday, 08 December 2022</b>	<b>01:00 pm to 05:00 pm</b>	<b>Master Builders NSW 5 Burbank Place Norwest NSW 2153</b>

## Please return the Registration Form to:

Email: [ojethwani@mbansw.asn.au](mailto:ojethwani@mbansw.asn.au)

Further Information: Omesh Jethwani – 02 8586 3539